



Snap Out of it NOW!®

SnapOutOfItNow.com
800.753.1417

with Dr Adrienne Ahern
(As seen on Public Television)

Audio-Visual Check List

Dr. Adrienne Ahern will work with anything you have, however the following are suggestions for creating the ideal presentation.

Suggestions for Planning Stages:

1. Ideal Room Set-Up for Snap Out of It Now! Presentations:

- If possible use curved theatre seating with side aisles. This enhances group dynamics.
- With approximately six feet between stage and 1st row.
- Please place a 6' autograph table at the back of the room if appropriate.
- Please provide a small table at the front of the room with a glass or bottle of water for Adrienne. This table will also be used for props.
- Adrienne asks for people to be seated in front to enhance audience involvement.

2. For after dinner/lunch speeches:

- For best results, Dr. Ahern asks that people are not eating.
- To enhance focus, it would be optimal if table service could be stopped during the presentation.

One Month Before Event: Very Important

- Please return the **event questionnaire**.
- Please return a copy of your **agenda** or **conference timetable** so that Dr. Ahern can prepare accordingly.

Audio Visual Needs:

- **Microphone** - Wireless lavalier lapel microphone (if more than 15 people).
- **Dr. Ahern will bring her own computer.** She asks that a LCD projector with speakers for audio be provided. Also, please arrange for a screen and an extension cord with power strip. PowerPoint will be used.
- **Lights** – Full house lights and a full stage wash.
- **CD player** – It would be ideal to have CD player plugged into the house system. Accessible to either A/V Technician or to Dr. Ahern.
- Please **remove all podiums or lecterns** from the stage or have to back and side

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Speaking demo, testimonials, and references available on the website.
For booking information or to discuss specific needs for your event
please contact the office of Dr. Adrienne Ahern at 800.753.1417